

Vormedal Idrettsby

Project Co-Ordinator: Ben Gowen

Concept

Facilities

Community facilities: we want to create community facilities where the public can access them at any time to engage in physical or social activities without been part of a club.

Good Practice

Following strict guideline setting an example in safe and effective leisure development management. Becoming the only facility to follow post safety in every sport, meeting standards on lighting, safe practice in both facilities and staff training and support.

Building for the Future

Sports, and social activities are continuously developing along with the local community and its needs. We want adaptable facilities that offer the opportunity to participate in a wide range of activities including the first Stick sports area, E-Sports, Virtual training with versatile uses.

These facilities will also support the schools with additional teaching and play area, the village infrastructure to support the growing community and needs and appearance. Working with existing organizations like Vormedal Grendahus to develop events, offer support to coaches with training and deliver an academy level training alongside SK Nord's Club Practice sessions.

Modular Build

Small modular facilities that come together to be continuously build out and up turning these facilities into an leisure center, then into an events area and combining into a sports village.

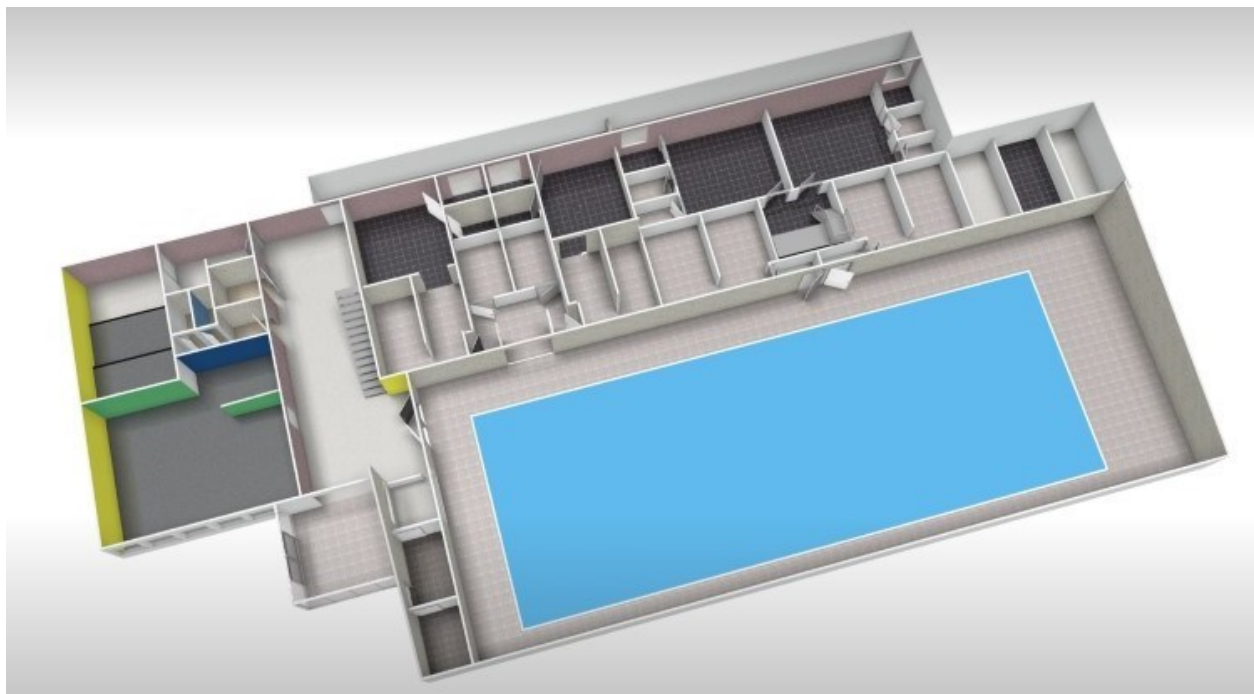
Plan

Stage 1

Infrastructure: Facilities need to be supported with a sustainable income, managed and maintained by trained staff, with a secure and safe solution for accessing. By adapting Vormedal Ungdomsskole into the first health club with the region, we create both a membership system for regular income, trained

staff to operate this and all future facilities in Vormedal. The access control system can be done and online but hardware (access chips) can be given out by the staff. Anyone who is not a member can still order a band and access facilities on a pay and go basis or with online booking.

Method: Its possible (as shown on the image below) the convert the old school caretakers room into a fitness suite, store room into a spinning studio and building a new reception are to manage customer enquiries and allow more space in the corridor for spectators and waiting parents. The existing gymnasium on the second floor which does not meet the requirements for sports will be a gymnasium for group training and cross-fit. A key part of a health club is to offer the complete development package, which includes recovery, the public changing rooms will have direct access to the spa, even when the pool is closed due to no lifeguards late in the evening and school use during the day. with treatment rooms on the second floor, this will provide package for sports recover but these and the whole facilities can offer evening courses for those looking to get back into employment or develop new skills.

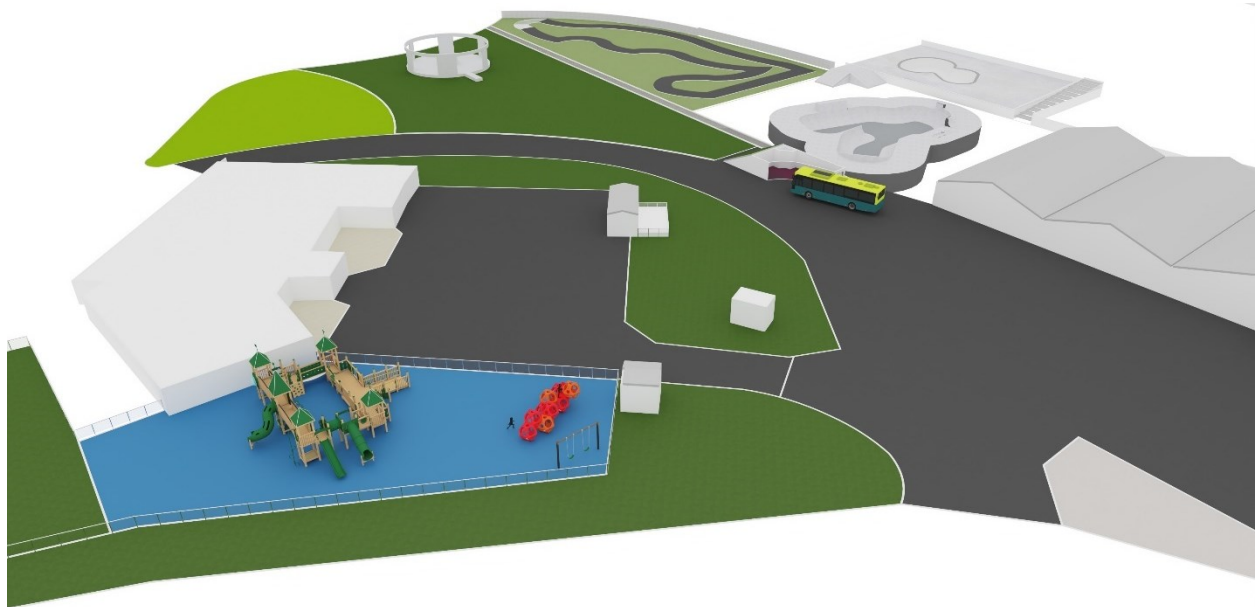


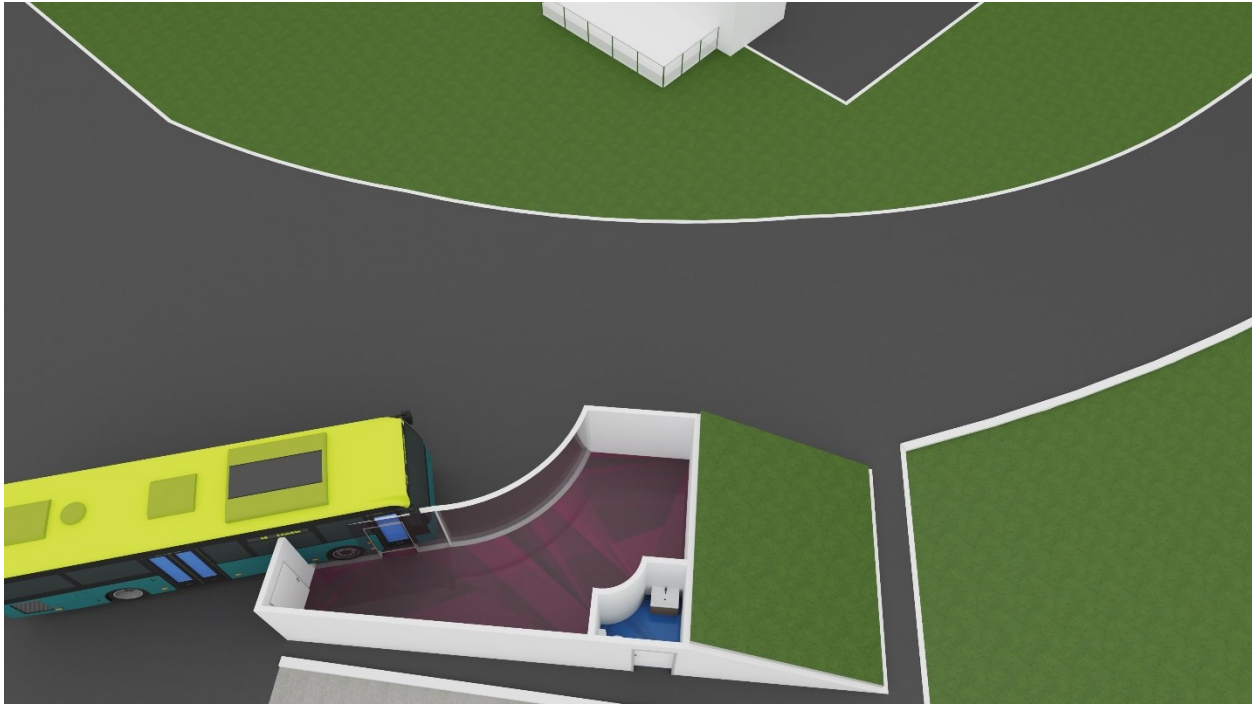
Stage 2

Accessibility: Barriers to participation are often extend through a wide range of variable from what's available to us, getting to into them and individuals personal needs. As a fitness instructor I came across many customers who did not feel confident in the gym and after participating in sports like badminton came back with more confidence to train in front of others, this also happens the other way around! Community facilities will allow everyone to be more active at comfortable pace with something they are interested in.

Method: The facilities between the 2 schools in Vormedal are aimed at offering an area for play and wheel sports, with this been the village center we want to create a more welcoming and attractive area, which offers space for public events and gathering supporting Vormedal Grendahus and improves communities transportation network.

The image shows a new safe and secure play area for the whole community to use and also entertainment for children attending events at the Grendahus. With Vormedal having several band Corps already, the band stan will provide a place for them to perform, it also converts to a stage for the current group of dances we are searching for an instructor for and the new choir that will be starting. The stage will also be designed to be used at a BBQ are by family and will support the Grendahus annual Sankthans event. The area for the roller area is currently designated for drainage, but the skate parks drainage system and pipes through the humps in the pump track will only improve the drainage to a higher level than required. There is currently a small hill in a prominent point to spectate over the area, this will be built up around a small bus terminal, which will have a public toilet so families can be out for longer periods of time before having to return home and the bus shelter will provide shelter for parents watching over small children or anyone waiting for the bus. Information on the bus times and Vormedal activities will be found at this location.





Stage 3

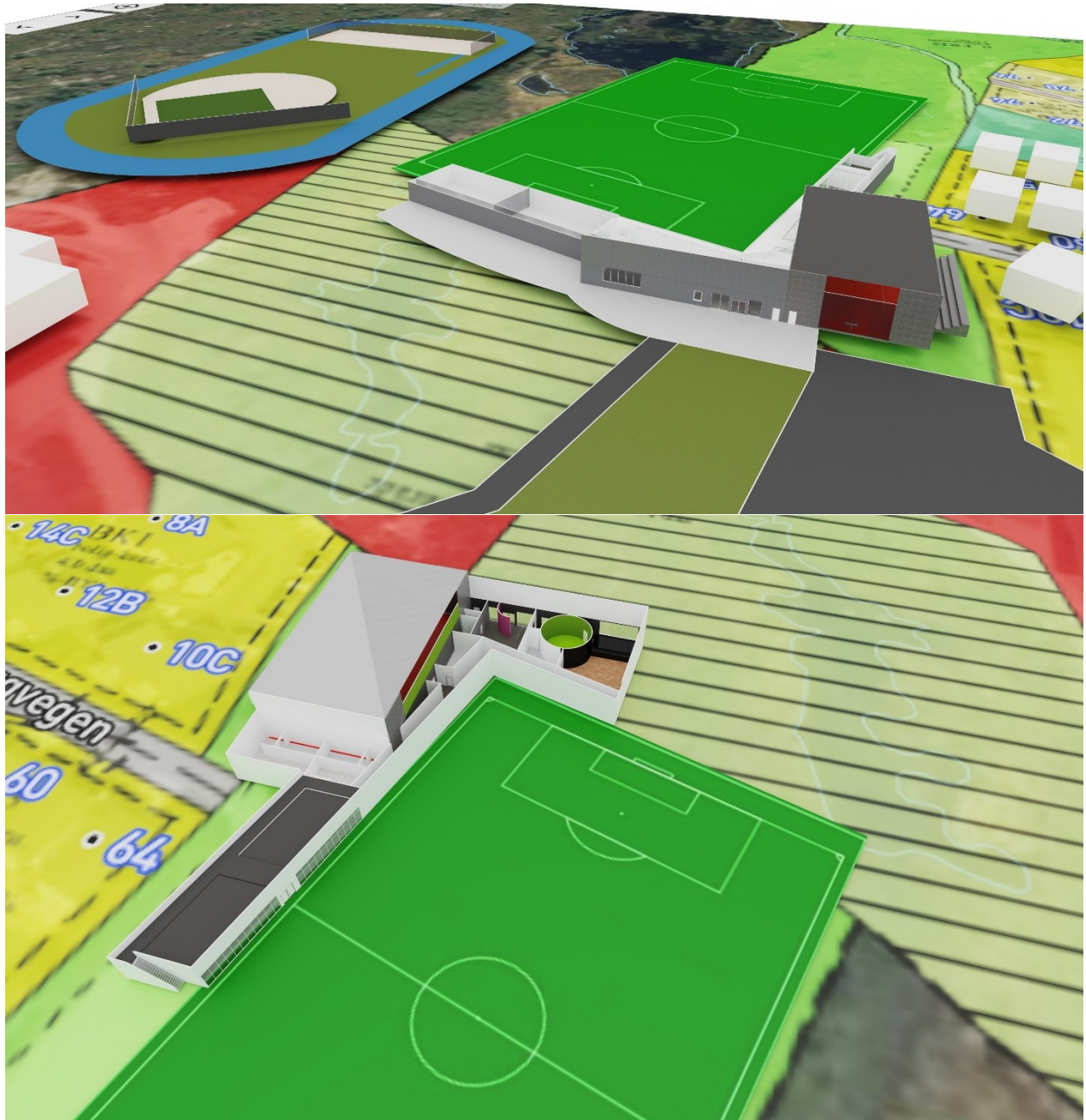
Concept: This is what offers the biggest development to the community, located near Mykje it will offer more play and teaching space with the school almost doubling the amount of new students it's taken on in the past, with 62 children starting first grade this year, and there are still many more houses to be built in Vormedal. The overall plan for this area is shown in a large-scale half-finished plan of what could be, but will start with small modular facilities. The area has potential to combine 2 arenas into one (football and athletics/Stickball) with the capability of high level event to rent out the facilities to and large national events with camping facilities.

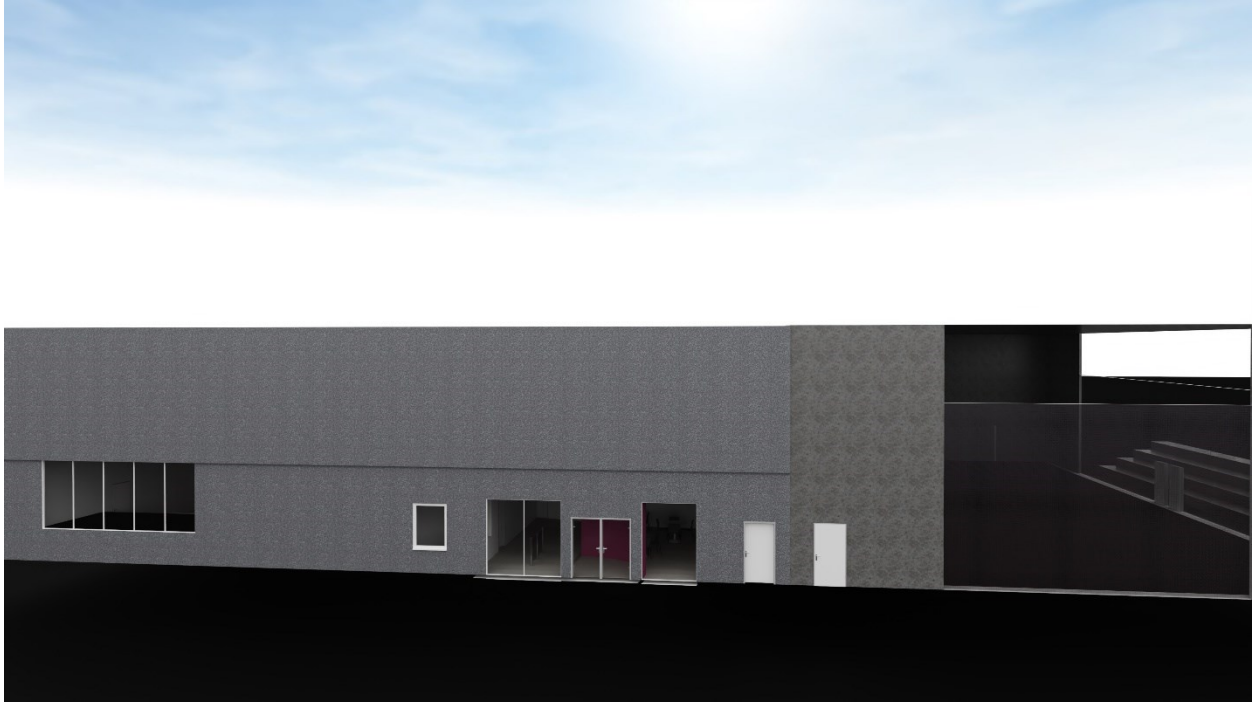
Delivery: Starting small, we would like a MUGA (multi use games area) this would be the first in the region to have 4 concrete posts and a roof, this provides an area for many sports that can be used in all weather conditions and accessible anytime by anyone.

The MUGA would be on the corner of the last place in Vormedal where we can have a full size football pitch. These facilities will need 2 small changing rooms. Adding something more unique along with the building with the reception would be a virtual training area which supports performing arts and media studies and interests. The second floor would have a unique e-sports area that can be used for LAN parties and computer based training. These facilities start to form an L-shape around the pitch reusing noise, wind and with a solid foundation to provide a possible seating area on top of, creating a stadium. The continued development could be as shown on the image below, with paddle tennis courts, viewing areas that also convert as lecture theatres for teaching. This can be continued all around if the need was for future development. The athletics arena shown on the image is located in what is currently designated as national wildlife area but if approved the potential viewing on the east side of the football stadium would also be viewing for the athletics arena, this would also house a full-size baseball

diamond for the children's current growing interest in stickball, and the home base will also be the throwing point for shotput, discus and javelin with its safety fence. The sandpit for the long jump will be part of the beach volleyball arena.

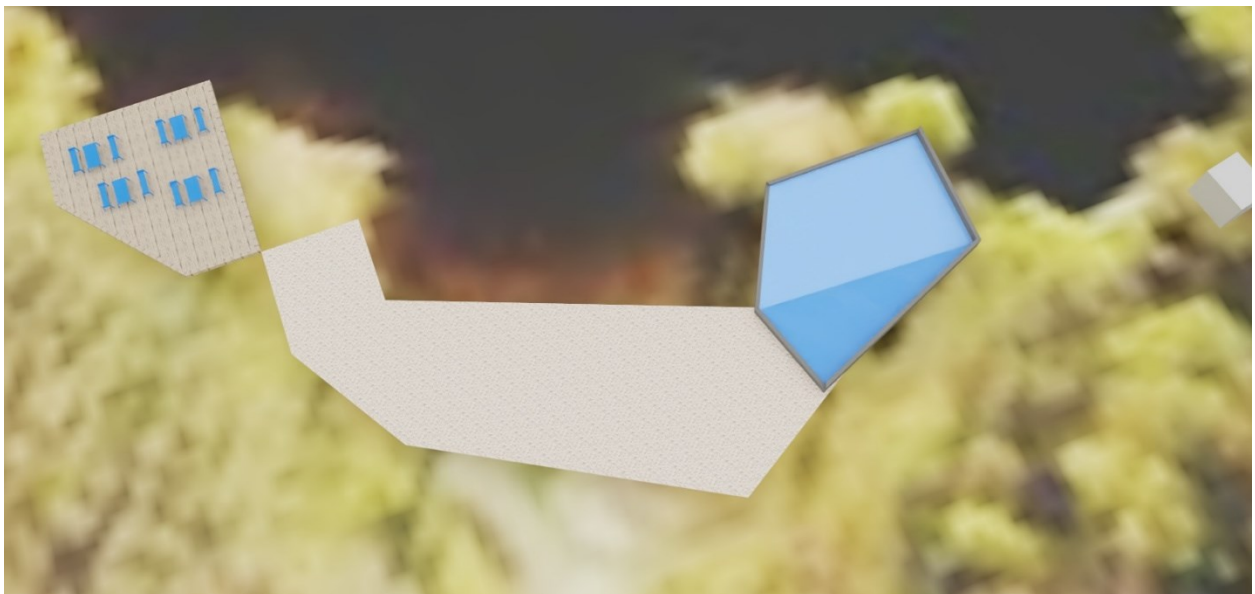
The infostructure will also include electric points for camping to hold national event/cups and working Nord and the new bus terminal along with accommodation at Radisson hotel the existing and planned facilities there will be 4 11-sized pitches that can be split into 16 7-a-side pitches, plus 3 7-a-side purpose build pitches. Football alone, there will be a unique infostructure to host one of Norways biggest football events along with many other sports.





Stage 4

Develop and expand: The income from the developing facilities could go towards sports equipment for the school and police, developing the smaller games and play areas in Vormedal. The health Club staff will not only operate the health club and maintain all the facilities, they will also provide first aid if needed to any accidents at the facilities and lifeguards at the lake just 100m for the school pool, which offers opportunity for inflatable course in the lake. Creating a community network and we can gain more feedback on how to develop the community's vision to develop their culture, social and activity interest.



Summery

Who Benefits: education, community, Local teams and potentially all participants from around Norway.

Sustainability: The project starts at a low expense but creates and team to maintain and operate. The access control allows for a monthly membership to financially support the project and will allow for people to book and pay for individual session to provide the opportunity for facilities to be used 24/7.